

meridian pm



**For more information
on this life changing appliance**

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meridian pm

*"If left untreated,
obstructive sleep apnea can
result in a growing number
of health problems."*

- Dr. Samuel E. Cress

Meridian PM is a product of



THE CENTER FOR
craniofacial &
dental sleep
MEDICINE

Excellently crafted by



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**For the treatment of
Obstructive Sleep Apnea
and Snoring**



COMPLICATIONS OF SLEEP APNEA

Obstructive Sleep Apnea is the temporary stopping of one's breathing during sleep.

Benefits of Meridian PM

Treating sleep apnea reduces the risk associated with cardiovascular disease, stroke, obesity and diabetes especially in high risk patients with existing disease. Treating OSA will improve your health and improve your overall quality of life.

Symptoms

- Fatigue
- Morning headache
- Personality changes
- Non-restorative sleep
- Depression, irritability
- Poor memory, clouded intellect
- Decreased sex drive, impotence
- Gastro-esophageal reflux (GERD)
- Excessive Daytime Sleepiness (EDS)
- Poor concentration and performance

About Meridian PM

The Meridian PM treats primary snoring, OSA and associated breathing symptoms. The Meridian PM stabilizes the lower jaw and maintains an unobstructed upper airway during sleep. This results in better quality of sleep and decreased snoring. The Meridian PM helps in oxygen exchange during sleep as well as health and social consequences associated with OSA and snoring.

MEMORY LOSS

OBESITY

HIGH BLOOD PRESSURE

HYPERTENSION

DROWSINESS

STROKE

HEADACHE

FATIGUE

HEART ATTACK

DIABETES

IMPOTENCE

ARRHYTHMIA